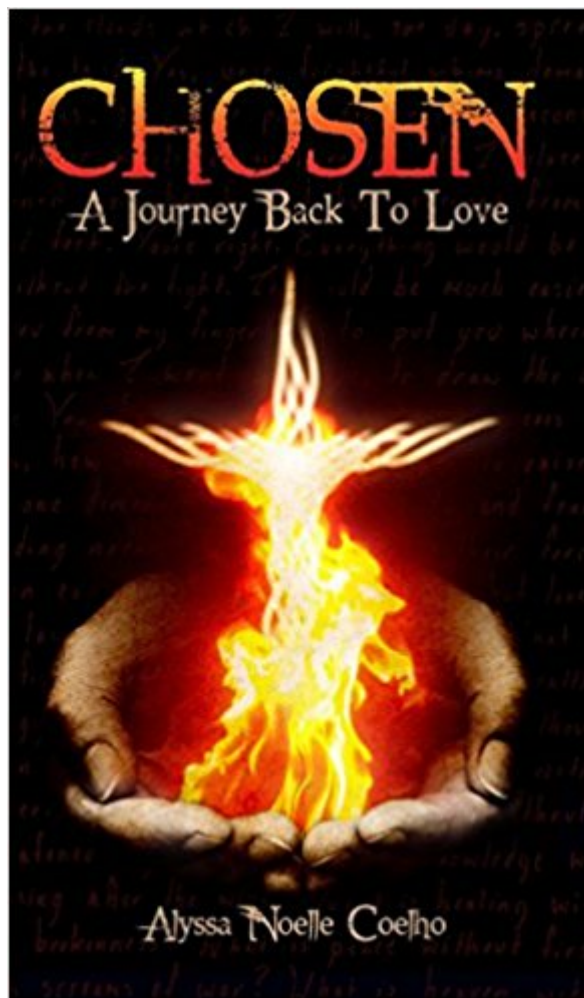


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# CHOSEN: A Journey Back To Love



## Synopsis

Once Upon A Time... There was a little girl whose beauty radiated with love for everything around her. She burned with a passion to learn, to experience everything, and to embrace it to its fullest and most infinite capacity. She craved life. She was special. She was important. She was connected. She was meant for something big. And she knew it. She was Chosen...for Him, for Love. And Then ... She Grew Up. In Chosen, Alyssa Noelle Coelho has woven the collection of poems she wrote during her 8-year journey back to Love with narrative to encourage and empower other young women who feel confused, angry, and abandoned by Love, and who are desperately to find what their soul craves. We spend our whole lives trying to find Love again - in relationships, in dreams, in people, in goals, in experiences. We all get glimpses of it, and some of us get lost along the way, forgetting that the relationship, the dream, the experience, is just a taste of Love...not the whole thing. Yet, as we make our way back to Him, we discover that while we were making choices for us, so was He.

## Book Information

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## Customer Reviews

I believe we leave Love to come into this world - to embark on the journey Love has for us. The thing we most often forget is that Love doesn't leave us. We forget this because of life - because of circumstance, and because of environment, because of what we are taught about Love. But forgetting this tends to lead to that giant void in the heart - the one that, from the time we open our eyes to the time we take our last breath, aches for its Creator... for Love. We spend our whole

lives trying to find Love again- in relationships, in dreams, in people, in goals, in experiences. We all get glimpses of it, and some of us get lost along the way, forgetting that the relationship, the dream, the experience is just a taste of Love... not the whole thing. And some of us find our way back to Love and an ever-expanding understanding of Him too. Chosen is my story, which I have shared as a collection of poetry that I wrote over an 8-year period of time. As I looked back on my story, I saw quite a pattern. I saw myself making choices in my search for Love, and then I saw how Love was choosing me. I realized that I was not only searching for Love, but that Love was calling to me - it had CHOSEN me, from the beginning of time. For this reason, I've woven this journey with two primary threads: narrative and poetry. Each of the five phases of my journey begins with a narrative setup -helping you to see some of the events that inspired the poetry that follows. The poetry in each phase is separated into "She Chooses" and "Love Chooses," the rest of which dives deep into the places where I was trying to find Love and the second of which shows how Love was calling to me and choosing me. In hopes that my journey of finding Love again will inspire and encourage you on your way to yours, I urge you to read the pages of this book with an open mind and tender heart, desiring solely to meet Love within the spaces.

Alyssa Noelle Coelho is now a 20 year-old college student on her way to a Bachelor's Degree in Communication and a Master's Degree in Philosophy and Religious Studies. She currently works as a Graphic Designer and Social Media Manager in Southern California and continues to grow her own business Alyssa Noelle Design & Communication. She is published in Palomar College's Academic Literature Journal Bravura as of May 2016. Like most young girls, her junior high and highschool years were... well, hell. She got to junior high and was struck very harshly with her new reality. It seemed as if no matter what she did, she could not feel okay. She could not feel safe. She could not feel like herself. She could not feel Love. Her connection dulled and she gradually strayed from those feelings of importance, determination, and purpose. She began to wonder why - why she was here, why she was her. She had lost her Love and she had lost her meaning. So then she did what we all do...Without realizing it at the time, she searched for Love everywhere. She searched for Love in dance, in books, in drugs, in martial arts, in church and of course, in boys. To no surprise, each of these outlets did not fulfill the Love she was searching for. And each time she tried so desperately to squeeze, poke, and prod, it simply did not fill the whole cup. No matter how graceful the pirouette, no matter how thrilling the novel, no matter how intense the drug, no matter how precise the combination, no matter how strong-willed the pastor - she simply could not find all of Love. Her hope is that in these words,

poetry and narrative, young teens and adults understand what is happening to them and know that no matter how dark the hole or how deep the wound, they are not alone. We are all here, on the same terribly horrific and utterly beautiful journey - searching for the same relentless and unconditional Love.Ã Â

Wow. . .Powerful! She is amazing!

Fabulous!!!!

This is a unique book in which a young woman documents her spiritual journey in a collections of poems and prose. Some of these poems are heart-wrenching, all are very personal, and offer an in-depth glimpse into the struggle one goes through while on a spiritual journey. A very courageous and interesting first effort for this young woman. I think others who are struggling to understand their spirituality would benefit from reading this book.

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